



Snack Weekly Schedule

(Items may need to change if not in stock with Morrisons, adapt as needed)

Monday	Tuesday	Wednesday	Thursday	Friday
Scotch Pancakes Apples and Bananas Water/Milk	Caramel Rice Cakes Grapes and Oranges Water/Milk	Ritz Crackers Cheese and Cucumber Water/Milk	Crackers with butter Apples and Raisins Water/Milk	Fromage Frais Bananas and Grapes Water/Milk
				

Other food items-

Toast, Butter and Strawberry/Raspberry Jam

Crumpets and Butter/ Strawberry/Raspberry Jam

Bagels and Butter/ Strawberry/Raspberry Jam

Please note all of our food items are purchased pre-packaged from Morrisons apart from our Bread which is provided by Greggs and our Milk which is provided by the Cool Milk- Dairy Scheme.

This schedule is subject to change at any point and children do not always receive the scheduled snack on the day stated above. If certain items are unavailable from Morrisons, we will adapt/change snack on that day, but the snack provided will still always be within the items you see listed above.

Please see additional sheets for all dietary and allergy information for all food items.

Please be reminded, it is extremely important you keep the setting up to date with any allergy or dietary requirements your child may have or develop. If any items on this snack list should not be given to your child, please inform the setting as soon as possible.

Food Item	Ingredients	Allergy Advice	Dietary Advice
Ritz Original Cracker Box	WHEAT flour, palm oil, sugar, glucose-fructose syrup, raising agents (calcium phosphates, ammonium carbonates, sodium carbonates, potassium carbonates), salt, BARLEY malt flour	WHEAT, BARLEY	Contains Cereals Containing Gluten, May Contain Milk, Contains Wheat
Morrisons Raisins	Raisins, Cottonseed Oil		
Morrisons Savers Mild White Cheddar			Contains Milk
Morrisons Cream Crackers	Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Palm Oil, Salt, Raising Agent (Sodium Carbonates), Yeast	WHEAT	Contains Wheat
Morrisons Savers Fromage Frais	Apricot: Fromage Frais (59%) (Milk), Skimmed Milk, Apricot Juice from Concentrate (5%), Sugar, Whipping Cream (Milk), Modified Maize Starch, Carrot Concentrate, Flavouring Raspberry: Fromage Frais (59%) (Milk), Skimmed Milk, Raspberry Juice from Concentrate (5%), Sugar, Whipping Cream (Milk), Modified Maize Starch, Flavouring, Carrot Concentrate Strawberry: Fromage Frais (59%) (Milk), Skimmed Milk, Strawberry Juice from Concentrate (5%), Sugar, Whipping Cream (Milk), Modified Maize Starch, Carrot Concentrate, Flavouring	MILK	Contains Milk
Morrisons Caramel Rice Cakes	Brown Rice (58%), Sugar, Maize, Flavouring, Caramelised Sugar Syrup	May Contain Milk, May Contain Sesame, May Contain Soya	May Contain Milk, May Contain Sesame, May Contain Soya
Morrisons Crumpets	Water, Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Raising Agents (Diphosphates, Potassium Carbonates), Yeast, Sugar, Salt, Sourdough Culture, Preservative (Calcium Propionate), Brandy Vinegar, Wheat Starch	WHEAT	May Contain Cereals Containing Gluten, May Contain Eggs, May Contain Milk, May Contain Soya, Contains Wheat
Warburtons Thin Plain Bagels	Wheat Flour [with Calcium, Iron, Niacin (B3) and Thiamin (B1)], Water, Malted Wheat Flour, Wheat Gluten, Sugar, Dextrose, Yeast, Salt, Soya Flour, Maize, Preservative: Calcium Propionate, Rice Flour, Gelling Agent: E466, Acidity Regulator: Citric Acid, Emulsifiers: E472e, E481, Flour Treatment Agents: Ascorbic Acid (Vitamin C), E920 (Vegetarian)	WHEAT	May Contain Milk, May Contain Sesame, Contains Soya, Contains Wheat

Morrisons Perfectly Buttery Spread	Water, Palm Oil, Rapeseed Oil, Reconstituted Buttermilk (3%), Salt (1%), Emulsifier (Mono- and Diglycerides of Fatty Acids), Preservative (Potassium Sorbate), Acidity Regulator (Lactic Acid), Vitamin E, Flavouring, Colour (Carotenes), Vitamin A, Vitamin D	BUTTERMILK	Contains Milk
Hartley's Strawberry Seedless Jam	Sugar, Strawberries, Water, Acid: Citric Acid, Gelling Agent: Pectin, Acidity Regulator: Sodium Citrates, Prepared with 37g of Fruit per 100g, Total Sugar content 61g per 100g		
Hartley's Best Raspberry Seedless Jam	Sugar, Raspberries, Water, Gelling Agent: Pectin, Acid: Citric Acid, Acidity Regulator: Sodium Citrates, Prepared with 35g of Fruit per 100g, Total Sugar content 61g per 100g		
Greggs White & Wholemeal Loaf		WHEAT	May Contain Rye, Barley, Oats, Spelt (Wheat), Kamut (Wheat)
Fresh Pasturised Semi Skimmed Milk	Milk	MILK	Milk
Morrisons Ripe & Ready Bananas			
Morrisons Savers Easy Peelers			
Morrisons Wonky Apples			
Morrisons Whole Cucumber			
Morrisons Seedless Red Grapes			
Morrisons Seedless Green Grapes			

Soya/Lactose free milk can be provided if your child had a diagnosed intolerance.